

Self-Assessment Rubric

MODULE 1 Outcome: Uses strategies and skills for pursuing career goals in health care and making informed career choices.

Indicator	Basic <i>Need to develop skills & confidence in this area</i>	Developing <i>Making some progress and have begun to acquire skills & confidence</i>	Proficient <i>Skills and confidence have developed significantly</i>	Advanced <i>Highly proficient level of skills and fully confident</i>
• I am aware of different career choices in health care in the U.S. and ways to research these.				
• I know about the U.S. educational requirements for health care professions.				
• I know about the duties and responsibilities of health care professions in the U.S.				
• I use various strategies and resources to find job openings in the U.S.				
• I can plan the steps of successfully searching for a job in the U.S.				
• I know how to fill out job applications appropriately and describe my experience, skills, and career goals.				

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MODULE 2 Outcome: Communicates effectively and appropriately with patients and families in health care settings.

Indicator	Basic <i>Needs to develop skills & confidence in this area</i>	Developing <i>Making some progress and has begun to acquire skills & confidence</i>	Proficient <i>Skills and confidence have developed significantly</i>	Advanced <i>Highly proficient level of skills and fully confident</i>
• I know the characteristics of a positive, helping relationship between a health professional and a patient.				
• I know about patient and family rights in the U.S.				
• I can greet patients appropriately and start a friendly conversation with them.				
• I know how to ask patients appropriate and accurate questions when taking a patient history.				
• I know how to ask questions to get more information and check understanding when interviewing patients.				
• I understand how to use patient assessment forms and fill out the information accurately.				

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MODULE 3 Outcome: Communicates effectively and appropriately with other health professionals in health care settings.

Indicator	Basic <i>Needs to develop skills & confidence in this area</i>	Developing <i>Making some progress and has begun to acquire skills & confidence</i>	Proficient <i>Skills and confidence have developed significantly</i>	Advanced <i>Highly proficient level of skills and fully confident</i>
• I know how to create successful relationships with my colleagues in U.S. health care settings.				
• I am aware of different types of health care teams and how to communicate with team members in different positions.				
• I understand and use medical vocabulary and abbreviations in my field correctly.				
• I ask questions to check my understanding and to confirm that colleagues understand me.				
• I know how to communicate assertively with colleagues and supervisors in order to achieve the results I want.				

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MODULE 4 Outcome: Understands systems, approaches, and issues impacting health care and health professions in the U.S.

Indicator	Basic <i>Needs to develop skills & confidence in this area</i>	Developing <i>Making some progress and has begun to acquire skills & confidence</i>	Proficient <i>Skills and confidence have developed significantly</i>	Advanced <i>Highly proficient level of skills and fully confident</i>
• I understand the organization of the health care system in the U.S.				
• I can state the main differences between health care approaches and traditions in the U.S. and other countries, including my own country.				
• I understand the managed care system and health insurance issues in the U.S., and how this affects health care.				
• I can discuss the main health problems affecting patients in the U.S., especially problems affecting my own health care field.				
• I know about specific health problems among diverse patients in the U.S. and California.				

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MODULE 5 Outcome: Understands how cross-cultural beliefs and traditions impact everyday communication in health care.

Indicator	Basic <i>Needs to develop skills & confidence in this area</i>	Developing <i>Making some progress and has begun to acquire skills & confidence</i>	Proficient <i>Skills and confidence have developed significantly</i>	Advanced <i>Highly proficient level of skills and fully confident</i>
• I am aware of cultural factors that affect communication in health care situations in the U.S.				
• I can ask appropriate questions to learn about patients' cultures, values, and beliefs.				
• I am aware of my own cultural values and beliefs, as well as mainstream American values, and how these can affect interactions with patients.				
• I can identify different cultural beliefs about health and illness and related healing practices.				
• I am aware of cultural diversity in California and the U.S. and how this affects health care.				
• I am aware of different types of bias and discrimination that can affect health care for diverse populations.				